



Loyalist College 2010

The time is always right to do what is right - Martin Luther King

WEDNESDAY, FEB 17, MEET IN LOYALIST CAFETERIA, 11:00 PM

THURSDAY, FEB 18, – TRAVEL DAY

- Departing Toronto: Mexicana flight 0887 at 8:05 am, Terminal One
- Arriving: 12:20 Mexico City
- Pullman bus and taxis to our home base in Cuernavaca
Abadía Santa María de Guadalupe, tel: (01-777)382-0208.
Address: Subida Alarcon No. 75, Ahuatepec
- 5:00 Introductions and orientation. Program overview.
- 7:00 Health, Steering and Reflections Committees chosen and meet
- 7:30 Supper

FRIDAY, FEB 19 – RELATING TO MEXICAN ECONOMICS AND HISTORY

- 7:00 Optional fitness walk in the neighborhood (every day unless changed)
- 8:15 Breakfast (at 8:15 am every day unless otherwise noted)
- 9:15 Quest Market Basket Survey: Overview, Map and Instructions
- 9:30 Take public transportation as a group to the main food market in Cuernavaca and start doing the survey in small groups, following the written instructions. Meet at Café Los Arcos at 1:00 and return together
- 1:30 Lunch at the Abbey
- 2:30 Debrief Quest Survey and discussion of local economy
- 4:00 Dr. Ross Gandy – A brief overview of Mexican history
- 7:30 Supper

SATURDAY, FEB. 20 – FACING REALITY: TALKING ACROSS THE SOCIO ECONOMIC DIVIDE

- 9:30 Visit with families and community kindergarten in squatter settlement of La Estación
- 1:30 Lunch at the Abbey
- 3:00 Group Reflection
- 4:30 Talk with Chava Guzman regarding Mexico's economic situation
- 7:30 Supper

SUNDAY, FEB. 21 – EXPERIENCING ENVIRONMENT, COMMUNITY AND FAMILY LIFE

- 9:30 Visit with Victor Gomez and mountain communities of Huitzilac and Coajomulco
- 2:00 Lunch at the Abbey
- 3:30 Visit with Hermana Alejandra and Abadia Santa Maria chapel
- 5:00 Presentation by Beatriz Padilla: Mexican Environmental Activism y *El Gran Bosque de Agua*
- 7:30 Supper



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MONDAY, FEB. 22 – NATURAL RESOURCE MANAGEMENT AND ‘TRABAJO COMMUNITARIO’

- 9:30 *Faena-Tequio* with the Comuneros of Huitzilac
- 2:00 Lunch with Comuneros in Huitzilac
- 5:00 Group Reflection
- 6:00 Transcendental Meditation with Dada Arddhendu of Ananda Marga
- 7:30 Supper

TUESDAY, FEB. 23 – THE STORIES OF WOMEN AND REFUGEES

- 9:30 Visit Gloria and Moises, Salvadorean refugees and artisans, in their home in Santa Maria. Artisan products will be available to purchase.
- 1:30 Lunch at Abbey
- 4:00 Meet with Estella Kempis M.D. at *Nuestros Cuerpos, Nuestras Vidas* - Women’s Issues and Reproductive Rights in Mexico
- 7:30 Supper

WEDNESDAY, FEB. 24 – MARKET DAY IN TEPOTZLAN

- 9:30 Visit the “magical” town of Tepoztlan. Options: hike to pyramid, market, church, ex-convent and museum. Sack lunch or eat out.
- 3:00 Meet with Nubia Balderrama in front of the main church and hear about her experience as a young local feminist activist in Tepoztlan.
- 7:30 Supper

THURSDAY, FEB. 25- CULTURAL ROOTS: MEXICO’S INDIGENOUS PAST, PRESENT, AND FUTURE

- 9:30 Visit and tour of Xochicalco archeological site and museum
- 1:30 Sack lunch in Xochicalco
- 2:00 Visit to Xoxocotla Morelos, Indigenous Community in Resistance
- 3:00 Talk with Marco Tafolla, Contemporary Indigenous Musician and Internet Radio Operator
- 7:30 Supper

FRIDAY, FEB. 26- FROM INDIVIDUAL STRUGGLE TO COLLECTIVE LIBERATION

- 9:30 GROUP REFLECTION
- 10:30 Talk with Lorena Mata Garcia: People’s Movements - the Zapatistas, the APPO in Oaxaca, the Morelos teacher’s strike.
- 1:30 Lunch at Abbey
- 3:00 Talk with Paco Gallego: Bridging the Divide in Chiapas, Liberation Theology and Indigenous Religiosity
- 6:00 Meditation with Dada
- 7:30 Supper

SATURDAY, FEB. 27 – LAND, LIFE AND SPIRITUALITY OF THE NAHUATL

- 9:00 Leave for Amatlan, visit Nacho Torres – Indigenous cosmovision
- 12:30 Lunch at Nacho’s house
- 3:00 Nature walk and Indigenous Ritual with Nacho



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SUNDAY, FEB. 28 - OPTIONS DAY

MONDAY, MARCH 1 – OUR HEALTH AND OUR ENVIRONMENT

- 9:00 Visit to Alternative Health Center Casa Malitzin
- 1:30 Lunch at Abbey
- 4:00 San Anton Ecology Walk and Recycling Center Tour
- 7:30 Supper

TUESDAY, MARCH 2 – CIVIL SOCIETY AND GRASSROOTS DEVELOPMENT

- 9:30 Visit with Erik Friend and *Autonomia, Libertad en Movimiento* (ALEM)
- 1:30 Lunch at Abbey
- 4:00 Visit with VAMOS and Casa Tatic/Romero House
- 6:00 Group Reflection
- 7:30 Supper

WEDNESDAY, MARCH 3 - MAKING SENSE OF IT ALL AND TAKING NEXT STEPS

- 9:30 Debrief and Reflection
- 1:30 Lunch at Abbey
- 3:30 Action Planning, Celebration, Closing
- 7:30 Supper

THURSDAY, MARCH 4 - FOCUS ON SAFE TRAVEL

- leave Abby for airport
- Departing at on Mexicana flight 0886, at 2:30 pm, arriving Terminal One in Toronto at 8:00 pm, met by bus going to Belleville, with stops along #401 as requested.

***We must learn to live together as brothers or perish together as fools.
Martin Luther King***